# DOUGLAS AARON DAY, D.C.

Phone: (513) 255-7447 21632 Pearl Crescent Ct. DrDayDC@oxfordspineandjoint.com Land O Lakes, FL 34637 **EDUCATION D.C.** Logan University 2019 - 2022 Area of Study: Chiropractic Degree: Doctor of Chiropractic Medicine **Butler University** 2015 - 2017 Area of Study: Chemistry and Physics LMT Cincinnati School of Medical Massage 2009 - 2010 Area of study: Massage Therapy Degree: Certified Massage Therapist BS Miami University, Ohio 2004 - 2009 Area of Study: Athletic Training Degree: Health & Sports Studies Minored in Astronomy and Space Physics HONORS AND AWARDS **Logan Dean's List** 2020 - 2022 Earn & maintain 3.75 average GPA each trimester of schooling **Rock-Tape Student Ambassador** 2019 - 2022 Represent & promote Rock-Tape brand taping, supplies, seminars & events **Student Vice President** 2019 Student Vice President of incoming 2019 class, trimesters 1 & 2

## PRESENTATIONS AND INVITED LECTURES

Plantar Fasciitis, A Pain in my Foot, 2015 https://compassindy.com/2013/06/plantar-fasciitis-a-pain-foot/

### PROFESSIONAL TRAINING

### **SFMA**®, Level 1 (in progress)

- Online Assessment(s)

**CEAS**® Ergonomics Assessment, Level 1 (in progress)

- Online and On-site assessment

### **Motion Palpation Institute**

- Clinical Pearls 2022
- Full Spine CMT 2020, 2021

### **Rock Tape**

- FMT Movement Specialist (in progress)
- FMT Basic & Advanced 2019

**Summus**® Class IV Therapeutic Laser Safety – 2021

# Mackenzie Method of Medical Diagnosis & Therapy (MDT), courses A & B $-2020,\,2021$ NASM

- Golf Fitness Specialist (GFS) 2019
- Certified Exercise Specialist (CES) 2017

### **PROFESSIONAL AFFILIATIONS**

American Chiropractic Association (ACA)

Florida Chiropractic Association (FCA)

Southwest Ohio Chiropractic Association (SWOC)

National Academy of Sports Medicine (NASM)

American College of Sports Medicine (ACSM)

### **PROFESSIONAL CLUBS**

Motion Palpation Institute (MPI)

Rehab. 2 Performance (R2P)

### **COMMUNITY SERVICE**

### **Logan University**

Volunteer Student Chiropractor @ Harris-Stowe State University, St. Louis, MO – 2021